

FAMILY-FRIENDLY LA TZOUMAZ

On the northern slopes of Verbier overlooking the Rhône valley, the village of La Tzoumaz, formerly known as «Mayens-de-Riddes» comes from the word «tzoumer» in Valaisan dialect, or the place where you rest. Mountain bikers, e-bikers and downhill enthusiasts get their adrenalin pumping with both easy and advanced trails leaving from the top of the Savoleyres gondola lift or in the hills of Vallon d'Arbi at more than 2,300 m altitude. Hiking routes, mountain scooters and numerous family walks and sports complete the offer. In this little corner of paradise overlooking the valleys, family-friendly activities in nature take centre stage.

www.verbier.ch/summer/inside/destinations/tourist-destinations/la-tzoumaz

Don't miss ESPACE NATURE

A little slice of heaven in the forest at La Tzoumaz, Espace Nature has been designed to make connecting with nature entertaining. With playful experiences and discoveries for all five senses, games and agility tests in the mountain stream, a walk alongside the famous Bisse de Saxon irrigation channel, exhibitions on the region's birds and other animals, and a friendly cafe where you can tuck into local produce as you gaze out at the beautiful landscape, it's the perfect place to stimulate body and mind while also having fun. Observation towers on stilts, playgrounds and picnic areas complete the package. The sensory trail is accessible to wheelchairs and buggies so everyone can enjoy the experience.

www.verbier.ch/summer/inside/destinations/must-see-places/espace-nature



Hiking suggestion VALLON D'ARBI

There are some places far from civilisation, that seem untouched by humans, where you can reconnect with nature and disappear into the landscape. The Vallon d'Arbi - or Chassoure - is one such location. Inaccessible by car, this idyllic valley hidden in the hills above La Tzoumaz is home to a rich and abundant wildlife. The river Fare flows from the Lac des Vaux and the Lac Rogneux through the centre of the valley, carving out its bed until it reaches the plains where it joins the river Rhône. The historic Bisse de Saxon irrigation channel also runs through here. So it's hardly surprising that numerous animals have taken up residence on the slopes. Whether you walk along the Short or Grand Tour of the Vallon d'Arbi, the Sentier du Fou or the Grand Tour of Lac des Vaux, you'll be in for a real treat at every turn.

www.verbier.ch/summer/inside/destinations/must-see-places/vallon-darbi

Spotlight GOURMET WILD PLANT FORAGING

Mountain plants look and smell gorgeous, but some taste amazing too. This is a unique opportunity to spend time foraging and tasting wild plants. Starting with a 2-hour walk, accessible to everyone, a mountain guide takes hikers around the slopes of La Tzoumaz. During the hike, you'll get to know which plants are edible and gather a few along the way. Back at the Maison de la Forêt, hikers become cooks and prepare an aperitif made with their foraged harvest, enjoying it together in a relaxed setting.

Dates: Every Saturday from 19 June to 28 August from 9.30 am to 12.30 am

Prices: VIP pass holders: -50% reduction/ or CHF 45 from 16 years old, CHF 15 from 6 years old, free for children under 6 years old

www.verbier.ch/summer/offers/cueillette-et-degustation-de-plantes-la-tzoumaz-en-summer-3089224



Local culture MAISON DE LA FORÊT

At the entrance to the Espace Nature, in the Forest House (Maison de la Forêt), two exhibitions await families this summer. One, «Animals of the Forest», allows you to discover, touch and listen to the calls of several local species of birds and mammals that inhabit the woods.

The other, «Symphony of wood», takes a look at wood that is destined to become musical instruments. Photographs, a violin maker's workshop and tools, musical instruments and information panels make up this travelling «museum,» both an important artistic work and an introduction to one of the many uses of wood.

Free admission

www.verbier.ch/summer/offers/maison-de-la-foret-la-tzoumaz-en-summer-2788202



Accommodation T-RESORT

Opposite the Tzoumaz—Savoleyres cable car station, the T-resort residence, clad entirely in wood, offers four floors of 3* standard and 3* superior apartments. Each spacious unit is furnished and can accommodate from 2 to 10 people. At the bottom of the building is a bar, mountain guide office, sports shop and grocery/supermarket.

Rates (example): 1 week (Sat–Sat) in August - apt 1 room for 2 adults 2 children: CHF 886/week

www.t-resort.ch