

In Verbier, you can easily break up all kinds of skiing sessions with delicious moments of indulgence. After a day on the slopes or the trails, it is difficult not to succumb to a traditional afternoon tea or spa treatment. Hard work, yes, but the pay-off is pure pleasure!

SUNDAY BRUNCH

Over the years, the Chalet d'Adrien Brunch has become a traditional Sunday fixture. On the chalet's terrace, awarded the title of Best Hotel Terrace in Europe in 2016, the Michelin-starred chef Sebastiano Lombardi offers a feast of tasty treats based on seasonal products. And there really is something for everyone: homemade antipasti, a large buffet of seafood and river dishes, mixed salads, verrines, sushi, charcuterie, quiches, alongside made-to-order dishes, raclette from Bagnes, fresh pasta, salt-crusted sea bass, Italian-style hot dishes, not forgetting meat and grilled meats. The large dessert buffet adds the final touch of sweetness.

Every Sunday from December 4, 2022 to April 9, 2023 from 12 to 3 pm.

Price per person: 97 SFr / Children 50 SFr **Reservation recommended:** 027 771 62 00

chalet-adrien.com/en/restaurants-pub/sunday-brunch

CROSS-COUNTRY FOR FITNESS!

Fans of both classic and skating style cross country skiing have four trails of between 2.5 to 6 km to choose from in the Verbier and Val de Bagnes region. In the forest, on the summits or along the river Dranse, offering an unobstructed view or criss-crossing between meadows, hills or in the valley, in the early morning or in the moonlight, Ruinettes, Plamproz, Champsec - there are no shortage of ways to get fit!





TAILOR-MADE STAYS IN A TRADITIONAL MAYEN FARMHOUSE

Enjoy a fully personalised stay with customised services in an idyllic setting: an authentic experience from ALTYPIC. High above Bruson in a sunny spot offering a magnificent view of the Alps, guests are accommodated in a mayen (a traditional Valais mountain farmhouse) transformed into a modern living space. The concept is simple: a basic package with optional extras to choose from - breakfast with regional products, a raclette dinner, snowshoeing excursion or massages. Everyone can design the holiday of their dreams!

Basic package from Sfr 499 (2-night stay for 2 people)

Breakfast basket: Sfr 16/pers **Raclette:** Sfr 35/pers.

Relaxing massage: Sfr 125/pers.

More information and reservations on www.altypic.ch



SKI TOURING - MARKED ROUTES

From either La Tzoumaz, Le Châble, Bruson or Verbier, there are eight marked ski touring routes. And for real enthusiasts, ski touring under the stars is on offer every Wednesday from January to March, with two possible itineraries starting from Verbier (650 m or 590 m difference in altitude) or from La Tzoumaz (710 m difference in altitude) with a combined finish at Savoleyres at 2,340 m, where you can enjoy a pasta dish at Savoleyres restaurant before returning to any of the villages.

www.verbier.ch/winter/inside-winter/to-do/sports-activities/skiing-snowboarding/ski-touring

TAILOR-MADE TREATMENTS & A WELLNESS BREAK AT THE SPA BY BIOLOGIQUE

The SPA by Biologique Recherche, renovated in 2021, is now a popular spot at the Hôtel Chalet Expérimental and is an open space for wellness and relaxation. This cosy haven offers three treatment rooms and a relaxation area on the veranda with a Hammam, Jacuzzi and sauna (free access with every treatment). The centre offers tailor-made treatments based on a skin diagnosis carried out by experts. With 40 years of experience and an original scientific concept, the Biologique Recherche methodology uses formulas with high doses of perfume-free active ingredients composed of natural elements.

The spa is open daily, Monday and Tuesday from 12pm to 7pm and Wednesday to Sunday from 10am to 7pm.

fr.experimentalchalet.com/spa



FEEL LIKE A KID AGAIN

You don't need to be a professional sledger to head down the La Tzoumaz toboggan run - you just need some guts! From Verbier or La Tzoumaz, sledgers can reach the slope via the Savoleyres cable car (2,354 m). At the top, don't miss the impressive panorama of the Grand Combin and the Rhône Valley. From there, set off for 7 km of thrills over a difference in altitude of 711 m! It's laughter followed by adrenaline rushes all the way. Accessible to everyone; wearing a helmet is highly recommended. Hire a toboggan in resort or at the top of the piste in Savoleyres.

Price: 1-day toboggan hire from 12 SFr; 1/2 day from 10 SFr.

www.latzoumaz.ch





SNOWSHOE-RACLETTE EVENINGS

Every Tuesday evening during the winter, La Tzoumaz tourist office organises a one-hour snowshoe experience exploring the Etablons forest with its furry and feathered inhabitants. Then, based on the principle of "with hard work comes great reward" walkers are treated to a delicious raclette.

Book at the Tourist Office.

Price: 14 years and over - 41 SFr; 10 to 14 years old - 27 SFr

Drinks not included.

www.latzoumaz.ch

ART WALK

In winter, nature and culture come together on the heights of Verbier. Between Les Ruinettes and La Chaux, at an altitude of 2,300 m, works of art created by international artists are dotted throughout the snowy landscape. In winter, enjoy and experience this exhibition without walls in your own way by exploring the 3-D Sculpture Parc on foot, with snowshoes or during a dog sled ride.

www.3-dfoundation.com



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