

In the Val de Bagnes, authenticity and tradition are not merely preserved – they are proudly celebrated and shared with genuine warmth. From ancient stone edifices to vibrant festivals brimming with life, this region boasts a wealth of unique riches waiting to be discovered with heartfelt sincerity.

SINCERITY



BAGNES CAPITALE DE LA RACLETTE: 21 – 22 SEPTEMBER

This is one of the largest events celebrating local products and, of course, cheese, and it all happens in Le Châble! More than 15,000 foodies from all walks of life gather for a weekend to indulge in cheeses and raclettes that come from local producers in the Bagnes valley and Entremont district. On Sunday, the original producers of these cheeses are in the spotlight - the "queens" (both horned and dairy cattle) from various mountain pastures parade the streets accompanied by their own folk dance and music troupe.

www.bagnesraclette.ch

SHEPHERDS' HUTS & VAULTED STABLES

Shepherds' huts (îtres) and vaulted stables (écuries) dot the landscape on the pastures of the Val de Bagnes at an altitude of between 1,800 and 2,500 m. More than 600 buildings have been recorded and the presence of humans on these sites has been documented back to the Mesolithic period. About 30 of these buildings have been restored using the original dry stone technique. The Association ArcAre has also been working since 2013 to protect and revive this mountain heritage. Find out more on walking tours such as the Tour des Ecuries du Crêt and Vasevay or the Tour du Lac de Mauvoisin via the Giétro and Lia stables.

THE GUARDIAN ANGELS OF VAL DE BAGNES

Understanding and respecting nature isn't something that's simply taught; it's gained through firsthand experience. Interacting with protected areas and their guardians allows us to develop a profound appreciation for living in harmony with the natural world. In the Val de Bagnes, extensive natural landscapes, particularly in the Upper Val de Bagnes, require preservation. This summer, a dedicated team of rangers will patrol the Upper Val de Bagnes to help people understand how to live in harmony with nature. They'll provide information, answer questions and assist visitors, aiming to promote a healthy balance between recreational activities, agriculture, tourism and the preservation of protected areas.



MAISON DE LA FORÊT

At the entrance to the Espace Nature, in the Forest House (Maison de la Forêt), two exhibitions await families this summer. One, the Animals of the Forest, allows you to discover, touch and listen to the calls of several local species of birds and mammals that inhabit the woods. The other offers a deep dive into the forest ecosystem from original perspectives (through the eyes of animals, plants and even tiny mushrooms).

→ Free admission

www.latzoumaz.ch/summer/offers/exhibitions-at-the-maison-de-la-foret-la-tzoumaz-riddes-en-summer-3020065



HÔTEL DE MAUVOISIN

The Hôtel de Mauvoisin, built in 1863, holds a significant place in the history of Val de Bagnes. Perched atop a rocky peak with sweeping views of rugged gorges, it has witnessed the pinnacle of mountaineering, the conquest of peaks, the growth of summer tourism, and the construction of hydroelectric dams, notably the nearby dam completed in 1957. Today, the original structure remains remarkably intact, offering various accommodations including a dormitory, as well as single, double, and triple rooms. Within these historic walls, the hotel provides a culinary experience characterised by quality, simplicity, and authenticity, catering to hikers and mountaineers setting out from this renowned establishment on their adventures.

www.hoteldemauvoisin.com